## Schuylkill Valley High School March 2024

Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk
Students MUST select a MINIMUM of 3 meal components offered and 1 MUST be a fruit or vegetable
A selection of white and flavored $1 \%$ and skim milk are offered daily

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| :---: | :---: | :---: | :---: | :---: |

OFFERED DAILY - The following entrees will be offered daily as an alternate to the featured daily entrée -
PIZZA, PBJ UNCRUSTABLE SANDWICH, ITALIAN SUB, WRAP OF THE DAY AND ENTRÉE SALAD W/PROTEIN


